



LaGAIA

Face

LaGaia Naturaceuticals believes less is more. Less chemicals. Less fine lines. Less dry, dull skin. Less stressed-out complexions. We heard what women and men want: to win the fight against premature ageing and to create balanced, radiant skin, all over. So we've worked with leading cosmetic scientists to bring you an optimal pH skincare regime that delivers real results. No irritating fragrances or toxic preservatives. Just concentrated, active ingredients, including super antioxidants and vitamins that really work. It's what you've been waiting for - skincare that understands what you need right now. Maybe that's why it's the brand that leading spa therapists choose. LaGaia Naturaceuticals. We know you'll love it because of what it is and what it isn't. No tricks. No fancy packaging. No ingredients that can harm you or the planet. Just beautiful products that help you look your best now.



Balancing Science and Life

The natural ageing process, environmental and lifestyle stressors all cause biochemical changes that compromise the skin's protective acid mantle and structural integrity. The LaGaia range is specially formulated to restore your skin's natural pH balance so it feels good and looks good. No more dryness. No more blemishes. Fewer fine lines and wrinkles. LaGaia isn't just suitable for all skin types; it's a must in your anti-ageing arsenal.



cleanse

Are you the sensitive type? Let our fragrance free crème cleanser baby your skin. We use Calendula, Horsetail extract and pure Sodium Hyaluronate to calm, hydrate and balance so your skin is stronger, refreshed, and beautiful. So gentle, you can even use it to take your eye makeup off. What are you waiting for? **Clean and renew with this high performer daily & see results as fast as you can say LaGaia.**



nourish

Don't just moisturise skin, regenerate it. **We're talking about stopping the hands of time** with powerful, active ingredients including precious Rose Quartz crystal, Shea butter, Rose Hip oil and super hydrating, pure Sodium Hyaluronate. Dry, mature or prematurely aged skins are plumped up and glow restored. Sun damage on the face, neck or delicate décolletage area is treated.



wash

You'll love the invigorating aromas of peppermint, rosemary and grapefruit. Wash makes your skin feel squeaky clean but isn't irritating or drying. That's because our Wash is based on the gentlest of coconut extracts. Strengthen capillaries. Pep up circulation. Restore balance, the easy way every day. **Guys – you can even use it for double duty as shaving foam.**



tone

This cooling, revitalising skin gel is a favorite with our customers and you don't have to be a skin scientist to figure out why. It's packed with anti-ageing antioxidants that help detract years from your complexion while giving **an immediate, look-at-me boost.** Tone's ingredients include organic Aloe Vera, Green Tea extract and pure Sodium Hyaluronate.



refine

You want a fresh look but you don't want to use harsh ingredients to **reveal a new you.** Introducing Refine, a treatment product that uses non-abrasive Lactic Acid enriched with soothing Chamomile and Green Tea extract, to slough off dead skin, stimulate the production of collagen and reduce nasty blackheads and other impurities. **What more could you ask for?**



amethyst masque

You deserve a skin treatment that is so luxurious that, until now, it has only been available in leading spas. We asked skin scientists to take the healing and regenerative powers of crystals, marine extracts and combine them with exquisite plant and seed essences to revitalise and repair your complexion. **Enjoy a scientifically developed treatment that feels wickedly indulgent.**



balance serum

Of course you could eat your vitamins but for a **quick fix** that corrects skin deficiencies, fights free radical damage and treats premature ageing, why not add them straight to your product? We've taken Vitamins A, E, B3 and B6 and Kakadu Plum, super high in Vitamin C, and blended them all into a skin perfecting serum. **Use Balance serum and get ready for the compliments.**



vitamin a serum

Vitamin A is scientifically proven as the skin's anti ageing vitamin. So we've used microencapsulated technology to put concentrated levels of it into a **super potent serum** that helps to avoid sensitivity and is fragrance free. What you can expect: a fresher complexion, a more youthful appearance and a slowdown of premature ageing. **This is an anti ageing star performer.**



renew serum

Scars. Age spots. Dry skin. You might think these are the tough challenges. We say Renew serum, lightly scented with Lavender and Sandalwood, makes repair look easy. This superfine oil that is quickly absorbed for a non-oily complexion contains vitamin C-rich Rosehip, ultra healing Vitamin E and super soothing Jojoba, as well as retinoic and essential fatty acids. **Mission: to repair damaged or dehydrated skin**



eye gel

Puffiness, dark circles and fine lines are suddenly less noticeable. Skin around the eyes is tightened and revitalized. Fragrance free so it's extra kind to delicate skin, this cooling ATP Peptide gel with organic Aloe Vera, pure Sodium Hyaluronate and Green Tea extract refreshes and hydrates the most delicate area of the face. **Our Eye Gel works hard to earn its keep in your bathroom cabinet.**



vitamin c serum

Instant glow. Long-term repair. Our most concentrated Vitamin C serum has what your skin needs to look and feel younger. This high performing, fragrance free easily absorbed super serum reduces pigmentation, age spots; smoothes and plumps fine lines, wrinkles; and protects skin from free radicals that attack the collagen and elastin that keep your skin structure firm and young. **A must-have in your anti-aging arsenal.**



tea blends

Didn't your mother tell you? **It's what's on the inside that counts!** If you want a clear complexion, start with internal matters - brew a pot of tea. Our blends are a rich source of nutrients including vitamins A, B, and C as well as minerals that balance acid alkaline and hydration levels in the body. And, since it's 100 per cent organic, you don't have to feel at all guilty having a tipple or two.



How to use your LaGaia products

CLEANSE – Suitable for all skin types, even those who are prone to troublesome conditions like eczema. **Steps:** 1) Apply a small amount to fingertips. 2) Moisten with water, massage in lightly, including eye area. 3) Wash off thoroughly with a moist facecloth. 4) Repeat if necessary.

WASH – Ideal for clearing oily, congested, acne and combination skin without stripping the skins pH acid mantel. **Steps:** 1) Apply a small amount to fingertips. 2) Moisten with water, shave or massage lightly, avoid eye area. 3) Wash off thoroughly with a moist facecloth. 4) Repeat if necessary.

REFINE – Use once or twice a week for exfoliation and radiant skin. **Steps:** 1) Apply a small amount to face and neck. 2) Moisten with water and massage all over the face with a circular motion, avoiding the eye area OR let sit on skin for up to 5 mins. 3) Wash off thoroughly with a moist facecloth.

TONE – Firms skin and is instantly rehydrating. You can even use it as an after sun gel, or an after shave treatment. **Steps:** 1) Apply a small amount evenly to face, neck & décolletage. 2) Allow to absorb.

NOURISH – A true thirst quencher for all skin types. Use morning and night for a skin boost; add a pump of serum-it doesn't get better than this. **Steps:** 1) Apply a small amount to fingertips. 2) Optional add serum. 3) Blend and apply evenly over face and neck. 4) Lightly smooth into the skin until absorbed.

AMETHYST MASQUE – A luxe treatment you'll love, perfect for an instant moisture boost. **Steps:** 1) Apply a layer to face, neck and décolletage. 2) Optional add serum. 2) Can leave on for 10 - 15 minutes or allow to absorb. 3) Remove excess with moist facecloth.

RENEW SERUM – A concentrated intensive repair serum for damaged and dehydrated skin. **Steps:** 1) Apply a thin layer to face, neck and décolletage. 2) For extra nourishment, blend one pump with any LaGaia product.

BALANCE SERUM – A multi-vitamin botanical serum, non oily concentrate that can be used to boost vitality and balance skin by combining it with other LaGaia products for a double whammy of skin rejuvenation and antioxidant protection. **Steps:** 1) Blend 1 pump with any LaGaia product for added boost. 2) Can apply neat to blemishes.

VITAMIN C SERUM – Strengthens the skin elasticity and protects from free radical damage. **Steps:** 1) Use neat under Nourish on clean skin in the **morning**. 2) Apply a one pump to fingertips. 3) Apply cream evenly over face and neck.

VITAMIN A SERUM – A super anti-ageing cellular renewal formula in a bottle. To start, blend one pump into Nourish every third night, gradually building to everyday use. Neat only if directed by therapist. A sun block during the day to maximize results. **Steps:** 1) Blend one pump into Nourish. 2) Apply evenly over face and neck. 3) Use in **evening** only. 4) Apply sun block in daytime.

EYE GEL – Can be used morning and evening for bright, younger skin around your delicate, sensitive eye area. **Steps:** 1) Apply sparingly around lower contour eye area and deep lines. May have a warming effect.

TEA BLENDS – LaGaia tea blends are excellent for all skin conditions hot or cold and hydrates from the inside out. **Steps:** 1) Use one teaspoon to 250ml. 2) Allow to steep 5 minutes.

Notes:

LaGaia Naturaceuticals™ Proudly  Australian Made and Owned

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